

May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1 <u>Kidproof Babysitting Course</u> 9:00 a.m. - 5:00 p.m.
2	3 <u>Full Body Blast (Virtual Class)</u> 6:30 a.m. - 7:00 a.m. <u>Yoga (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Get Fit Power Hour (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Leg Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	4 <u>Full Body Blast (Virtual Class)</u> 12:15 p.m. - 12:45 p.m. <u>Arm Blast (Virtual Class)</u> 5:45 p.m. - 6:15 p.m. <u>Ab Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	5 <u>Get Fit Power Hour (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Full Body Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	6 <u>Full Body Blast (Virtual Class)</u> 12:15 p.m. - 12:45 p.m. <u>Arm Blast (Virtual Class)</u> 5:45 p.m. - 6:15 p.m. <u>Ab Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	7 <u>Full Body Blast (Virtual Class)</u> 6:30 a.m. - 7:00 a.m. <u>Get Fit Power Hour (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Yoga (Virtual Class)</u> 10:15 a.m. - 11:15 a.m.	8
9	10 <u>Full Body Blast (Virtual Class)</u> 6:30 a.m. - 7:00 a.m. <u>Yoga (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Get Fit Power Hour (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Leg Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	11 <u>Full Body Blast (Virtual Class)</u> 12:15 p.m. - 12:45 p.m. <u>Arm Blast (Virtual Class)</u> 5:45 p.m. - 6:15 p.m. <u>Ab Blast (Virtual Class)</u> 6:30 p.m. - 7:00 p.m.	12 <u>Get Fit Power Hour (Virtual Class)</u> 9:00 a.m. - 10:00 a.m. <u>Yoga (Virtual Class)</u> 10:15 a.m. - 11:15 a.m.	13	14	15

16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

Start Date: 05/10/2021
End Date: 08/10/2021

<https://calendar.tillsonburg.ca>